

Supplement Facts		
Serving Size: 3 Tablets		
Servings Per Container: 60		
	Amount Per Serving	%DV
Vitamin A (as natural beta-carotene)	15,000 IU	300%
Vitamin C (as L-ascorbic acid, niacinamide ascorbate)	400 mg	667%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as D-alpha-tocopheryl succinate)	400 IU	1333%
Thiamin (as thiamin mononitrate)	50 mg	3333%
Riboflavin	50 mg	2941%
Niacin (as niacinamide ascorbate, niacin)	60 mg	300%
Vitamin B6 (as pyridoxine HCl)	75 mg	3750%
Folic Acid	800 mcg	200%
Vitamin B12 (as cobalamin)	500 mcg	8333%
Biotin (as D-biotin)	300 mcg	100%
Pantothenic Acid (as D-Ca pantothenate)	80 mg	800%
Calcium (as calcium carbonate, glycinate , citrate)	400 mg	40%
Iron***	0.5 mg	3%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide, glycinate, citrate)	400 mg	100%
Zinc (as zinc glycinate, histidinate)	50 mg	333%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper glycinate)	1.5 mg	75%
Manganese (as manganese glycinate)	2 mg	100%
Chromium (as chromium nicotinoglycinate)	200 mcg	167%
Molybdenum (as molybdenum glycinate)	50 mcg	67%
Sodium***	25 mg	1%
Potassium (as potassium glycinate complex)	99 mg	3%
Citrus Bioflavonoids	100 mg	**
Choline (as choline bitartrate)	100 mg	**
Inositol	100 mg	**
Pantethine	7 mg	**
Coccarboxylase	6 mg	**
Pyridoxal-5-Phosphate	6 mg	**
Riboflavin-5-Phosphate	6 mg	**
Boron (as boron glycinate complex)	250 mcg	**
Eleuthero Extract (4:1) (root) (Eleutherococcus senticosus)	25 mg	**
Standardized American Ginseng Extract (root) (Panax quinquefolium)(ginsenosides 3 mg [10%])	25 mg	**

Standardized Korean Ginseng Extract (root) (Panax Ginseng)(ginsenosides 2 mg [8%])	25 mg	**
Saw Palmetto Extract (4:1) (berry) (Serenoa repens)	25 mg	**
Stinging Nettles Extract (4:1) (leaf) (Urtica dioica)	25 mg	**
Pygeum Extract (bark) (Pygeum africanum)	25 mg	**
Standardized Soy Isoflavone Extract (seed)	25 mg	**
Lycopene (from tomato)	1 mg	**
Carotenoid Mix (alpha-carotene, lutein, zeaxanthin, cryptoxanthin)	172 mcg	**
<p>* Percent Daily Values (DV) are based on a 2,000 calorie diet. ** Daily Value (DV) not established. *** Naturally occurring; therefore amount may vary.</p>		